

Baby Massage

10.00am—11.00am

When: Friday October 21st

Friday October 28th

Friday November 4th

Friday November 11th

Where: Seaton Children's Centre
54 Squires Avenue
Seaton



Baby Massage is a four week program for parents and primary caregivers of babies from birth to 12 months.

Over 4 sessions, join other parents and primary caregivers in a calming environment to help reduce crying, digestive issues (gas/colic) and increase sleep and sleep patterns using whole body massage techniques.

Through gentle touch massage learn how to read and respond to your baby's behaviours helping to soothe and settle them in respectful, loving and nurturing ways.

To register please contact:

Phone: 8235 9958 or

Email : dl.5657.leaders@schools.sa.edu.au

Rub a Bub Bub

Cue Based Baby Massage

